



White Lotus

Custom Tattoo Professional Body Piercing

7138 East County Line Road
Highlands Ranch, Co 80126

7500 S. University Blvd. #110
Centennial, Co 80122



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Piercing Aftercare Education Sheet

To encourage a successful healing, please follow the instructions given below:

Your _____ piercing is expected to take _____ months to heal.

At the first sign on infection or adverse reaction , i.e. excessive swelling, or fever please contact White Lotus and consult a physician.

- I. Wash your hands thoroughly before touching your piercing.
 - A. Never touch your piercing with dirty hands.
- II. Mix 1/4 Teaspoon of non-iodized sea salt into an 8oz glass or bowl of warm distilled or bottled water.
 - A. Do not use too much sea salt - this can cause irritation and drying.
- III. Soak your piercing 2-3 times a day by inverting the glass of salt water over the area to create a vacuum. For ears, lay your piercing in the bowl. Soak your piercing for at least 5 minutes.
 - A. Over-cleaning can cause irritation. Soak no more than 3 times a day.
- IV. Leave your piercing alone. It is not necessary to rotate your jewelry during the time your piercing is sore and tender. Once tenderness has subsided, rotating the jewelry is ok during cleanings only.
- V. Avoid the use of alcohol, peroxide, betadine, or ointment. Avoid oral contact around piercing. Avoid pets, swimming pools, and hot tubs until piercing is completely healed.
 - A. If you take baths, be sure to clean the tub before submerging.
- VI. Taking care of yourself is the best aftercare. A healthy diet, lifestyle, and plenty of sleep is always suggested to ensure a successful healing period.

If you have any questions, please do not hesitate to call or come in.

303-773-3936

Piercing done by _____ On _____

Jewelry _____ Earliest Change/Downsize Date _____

White Lotus appreciates our customers!

If you enjoyed your experience, please write us a review on Google or Yelp!

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